



SZKOŁA DOKTORSKA NAUK O KULTURZE FIZYCZNEJ
W AKADEMII WYCHOWANIA FIZYCZNEGO IM. B. CZECHA W
KRAKOWIE

Individual Research Plan

1. Details of the Doctoral Student	
Academic degree, Full name	
Student identifier	
Year of admission to the Doctoral School	
Doctoral Dissertation	
Research topic related to the doctoral dissertation	
Supervisor	
Full name	
Academic degree / title	
Organisation/Unit	
Assistant Supervisor	
Full name	
Academic degree / title	
Organisation/Unit	
2. Brief description of the project, indicating the research area and reasons for undertaking it, highlighting the originality of the topic and the applied approach to the subject of the study	
3. Aims (cognitive, theoretical, application-oriented) and research questions/hypotheses	

4. Scope of research (refer to: subject, time and space)		
5. Research methods and techniques		
6. Type of doctoral dissertation (scientific monography, collection of published and thematically-related scientific articles, project paper, etc.)		
7. The scientific problem to be addressed during the implementation of the research plan, indicating potential limitations (in terms of research, reasoning and generalization of conclusions), practical implications, and possible challenges in its execution		
8. Research plan schedule – Research task (including conferences and fellowships) and doctoral dissertation preparation schedule		
Period of task completion	Brief task description	Relation to the Doctoral Dissertation
Semester 1	<i>Example: Study of literature</i>	<i>Example: Review of the current state of knowledge in the area related to the future doctoral dissertation</i>
Semester 2		

Semester 3		<i>Example: Preparation of a paper to be presented at an international conference</i>
Semester 4		
Semester 5		
Semester 6		<i>Example: Preparation of an article to be published in an IF journal</i>
Semester 7		
Semester 8	<i>Example: Editing of the doctoral dissertation and preparation of documentation for the application for doctoral degree conferment</i>	<i>Example: Final version of the Doctoral Dissertation</i>

9. Scheduled Date of Completing the Research Process and Submission of the Doctoral Dissertation

For example: June 2027 or Semester 8

10. Bibliography (including webliography) with a brief description of individual entries, confirming that the Doctoral Student has acquired the necessary (at this stage of research) knowledge on the studied subject.

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(Place and Date)

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(Legible signature of the Doctoral Student)

Supervisor's approval

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(Date)

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(Legible signature of the Supervisor)

Second/Assistant Supervisor's approval

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(Date)

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(Legible signature of the Supervisor/Assistant Supervisor)